

# **Garrett Youth Soccer – Rules**

## **Field Dimensions:**

Fields will vary depending on age group. Field sizes, goalie box sizes (if applicable) and goal sizes can be found on the Equipment page of our website.

## **Rules for ALL Age Groups:**

- Shin guards are required for participation in games. They are suggested to be worn under socks.
- Goalkeepers are the only players permitted to use their hands to control the ball on the field and are limited to their goalie box when doing so.
- If a ball goes out of play from the side lines, a throw in shall be performed to return the ball to play.
- If a ball goes out of play on a goal line, a goal kick or corner kick will be assigned based on who the ball touched last while still in play.
- Following a goal, play should restart from the center of the field with the team who was scored on.
- No slide tackling is allowed for any age group.
- Players committing fouls towards other players without the intention of making a play on the ball may be asked to sit out, depending on the level of severity.
- All dead ball kicks are considered indirect (must touch another player prior to going into goal) except for corner and penalty kicks.
- 2 failed attempts at a throw in will result in a change of possession, with the other team receiving a throw in from the same location.
- Substitutions are allowed at any time and are not required on a dead ball.

## **Rules for Goalie Box:**

- Only the goalkeeper is permitted to use their hands to control the ball.
- A player cannot kick the ball while within the possession of the goalkeeper, including if the goalkeeper has the ball pinned to the ground.
- Players other than the goalkeeper that utilize their hands within the goalie box to deny a goal scoring opportunity must be substituted off and the opposing team is awarded a penalty kick.
- Goal kicks are to be taken from anywhere within the goalie box (6-yard box for 4<sup>th</sup>/5<sup>th</sup> grade).

## **4<sup>th</sup> – 5<sup>th</sup> Grade Specific Rules:**

- Offsides is to be implemented starting week 6 of the season.
- Substitutions are only allowed on dead balls, excluding corner kicks and penalties.